







AESKUBLOTS® THE DIAGNOSTIC TOOL THAT WORKS

> INSTRUCTION MANUAL

AESKUBLOTS[®] Myositis Pro Ref 4003



Product Ref.	4003
Product Desc.	Myositis Proo
Manual Rev. No.	006 : 2016-11-07

Instruction Manual

Table of Contents

1	Intended Use	. 1
2	Clinical Application and Principle of the Test	. 1
3	Kit Contents	.2
4	Storage and Shelf Life	.2
5	Precautions of Use and General Introductions	.3
6	Sample Collection, Handling and Storage	.4
7	Assay Procedure	.4
8	Qualitative Interpretation	.7
9	Technical Data	.7
10	Performance Data	.8
11	Literature	. 8

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1 Intended Use

AESKUBLOTS[®] Myositis Pro is a membrane based enzyme immunoassay for qualitative detection of IgG antibodies against Jo-1, Mi-2, Pm-Scl, U1-snRNP and Ku in human serum. Antigens are located as parallel lines at exactly defined positions on a nitrocellulose membrane.

The assay is a tool in differential diagnosis of poly- and dermatomyositis and for the diagnosis of myositis-associated autoimmune diseases.

2 Clinical Application and Principle of the Test

Autoimmune myositis forms a heterogeneous group of acquired muscle diseases. The main clinical and morphological characteristics are muscular weakness and inflammatory infiltrates in skeletal muscles.

Antibodies against:

- Jo-1 are directed against histidyl-tRNA synthetase (a cytoplasmic protein involved in protein biosynthesis) and are found in 20-40 % of patients with polymyositis and dermatomyositis.
- Mi-2 occur in 15-20 % of dermatomyositis patients. They have a high diagnostic specificity. 95 % of patients with Mi-2 antibodies suffer from dermatomyositis. However, they occur rarely in polymyositis patients and are therefore an important for differential diagnosis (Roux et al. 1998; Targoff 2000). The Mi-2-antigen is part of a nuclear multiproteincomplex, which may be involved on the regulation of the cellular proliferation cycle.
- the nucleolar antigen Pm-Scl are found in 24 % of Pm-Scl overlap-syndrome patients and in 3-10 % of scleroderma and polymyositis patients.
- U1-snRNP are pathognomonic for mixed connective tissue disease but do also occur in systemic lupus erythematosus (SLE). A high titer of antibodies against this antigen is typical for the Sharp's syndrome.
- Ku mostly react with the p80 subunit respectively a conformational epitope on the p70/p80 heterodimer of the DNA-dependent protein kinase. They also bind other proteins with sequence homology to p70/p80 (e.g. NFIV, TREF, EBP-80, E1BF and Ku-2). They occur in 5-25 % of polymyositis and scleroderma overlap-syndrome patients and 1-7 % of myositis patients. They also occur in of patients with primary pulmonary hypertension (approximately 20 %), with SLE (5-10 %), with primary Sjögren's syndrome (20 %) and occasionally with other connective tissue diseases (Cooley et al. 1999).

Principle of the test

The antigens are applied as lines on a nitrocellulose membrane. The membrane is blocked to prevent unspecific reactions. Membrane-strips with specific antigens at exactly defined positions are incubated in serum samples diluted 1:101. Patient's antibodies, if present in the specimen, bind to the antigen. The unbound fraction is washed off in the following step. Afterwards, anti-human immunoglobulins conjugated to horseradish peroxidase (conjugate) are incubated and react with the antigen-antibody complex of the samples. Unbound conjugate is washed off in the following step. After the addition of the TMB-substrate it is converted by an enzymatic reaction to a blue precipitate. The reaction is stopped by distilled water.

Product Ref.	4003
Product Desc.	Myositis Pro
Manual Rev. No.	006 : 2016-11-07

3 Kit Contents

TO BE RECONSTITUTED						
Item Quantity		Cap color	Solution color	Description / Contents		
Blocking Reagent	3 x for 10 ml Concentrate each	white	N/A	Non-fat dry milk powder for preparation of 3 x 10 ml sample buffer		
Wash Buffer (20x)	1 x 50 ml	white	colorless	20x concentrated for preparation of 1 L Tris buffer, pH 6.9 \pm 0.2		
		RE	ADY TO USE	:		
Item	Quantity	Cap color	Solution color	Description / Contents		
Conjugate, IgG	1 x 10 ml	blue	colorless	Anti-human immunoglobulin G (IgG) conjugated to horseradish peroxidase		
TMB Substrate	1 x 10 ml	black	colorless	Stabilized TMB/H ₂ O ₂		
Membrane strips	24 strips	colour coding: blue	N/A	Coated antigens see Intended use		
tweezers, reference template, scoring sheet, adhesive strip (double-sides, black)	1 pcs. each	N/A	N/A	N/A		
incubation tray	3 pcs.	N/A	N/A	N/A		
Labels for sample buffer	3 pcs.	N/A	N/A	N/A		
MATERIALS REQUIRED, BUT NOT PROVIDED						

rocking platform, cylinder 1000 ml, pipette or cylinder for 10 ml, precision pipettes (10, 1000 µl), absorbent or filter paper. Our tests are designed to be used with purified water according to the definition of the United States Pharmacopeia (USP 26 - NF 21) and the European Pharmacopeia (Eur.Ph. 4th ed.).

4 Storage and Shelf Life

Store all reagents and membrane-strips at 2-8°C/35-46°F in their original containers. Once prepared, reconstituted solutions are stable at 2-8°C/35-46°F for at least six weeks. Reagents and strips shall be used within the expiry date indicated on each respective component. Don't use components after the expiry dates. Avoid intense exposure of TMB solution to the light.

Product Ref.	4003
Product Desc.	Myositis Pro
Manual Rev. No.	006 : 2016-11-07

5 **Precautions of Use and General Introductions**

5.1 Health hazard data

This product is for IN VITRO DIAGNOSTIC use only. Thus, only staff trained and specially advised in methods of in vitro diagnostics may perform the kit. Although this product is not considered particularly toxic or dangerous under the conditions of intended use, refer to the following for maximum safety:

Recommendations and precautions

This kit contains potentially hazardous components. Though kit reagents are not classified being irritant to eyes and skin we recommend avoiding contact with eyes and skin and wearing disposable gloves.

Substrate contains kathon (1% v/v) as preservative. It must not be swallowed or allowed to come into contact skin or mucous membrane.

Do not smoke, eat or drink when manipulating the kit. Do not pipette by mouth.

Handle patient samples as if capable of transmitting infectious diseases and according to national requirements.

5.2 General directions for use

To differentiate between the various **AESKUBLOTS**[®]-tests available, a color coding is applied above the reference line of the strips:

Colour coding	AESKUBLOTS®
yellow	ANA-12 Pro
orange	ANA-17 Pro
blue	Myositis Pro
brown	Liver Pro
purple	Vasculitis Pro
black	Gastro Pro
green	Borrelia-G and Borrelia-M

In case that the product information, including the labeling, is incorrect please contact the manufacturer or the supplier of the test kit.

Blocking Reagent and wash buffer may be interchanged between lots and test kits. All other components are specific for each test kit and are not to be interchanged. Do not exchange reagent components between autoimmunity and borrelia diagnostic tests!

For handling of conjugate do not use polystyrene vessels.

Allow all components to reach room temperature (20-32°C/68-89.6°F) before use, mix well and follow the recommended incubation scheme for an optimum performance of the test.

Never expose components to higher temperature than 37°C/ 98.6°F.

Always pipette substrate solution with brand new tips only. Protect this reagent from light. Never pipette conjugate with tips priorly used with other reagents.

The intensity of the band colour does not necessarily correlate with antibody titers obtained by other reference methodologies.

Samples from apparent normal blood donors may contain autoantibodies.



Product Ref.	4003
Product Desc.	Myositis Pro
Manual Rev. No.	006 : 2016-11-07

If the patient sample contains elevated levels of immune complexes or other immunoglobulin aggregates, false positive results by non-specific binding cannot be ruled out.

A definite clinical diagnosis should not be based on the results of the performed test only, but should be made by the physician after all clinical and laboratory findings have been evaluated. The diagnosis is to be verified using different diagnostic methods.

6 Sample Collection, Handling and Storage

Use preferentially freshly collected serum samples. Blood withdrawal must follow national requirements. Do not use icteric, lipemic, hemolysed or bacterially contaminated samples. Sera with particles should be cleared by low speed centrifugation (<1000 x g). Blood samples should be collected in clean, dry and empty tubes.

After separation, the serum samples should be used during the first 8 h. Alternativly, the samples should be stored in tightly closed vials at 2-8°C/35-46°F for up to 48 h, or frozen at - 20°C/-4°F for longer periods. Avoid repeated thawing and freezing. Do not use heat inactivated samples.

7 Assay Procedure

7.1 Preparations prior to starting

Confirm that no salt crystals have been formed in the concentrate. If this happened, dissolve the crystals by slightly warming, room temperature should be enough, the concentrate. Dilute concentrated wash buffer 1:20 with distilled water (e.g. 950 ml plus 50 ml).

For preparation of sample buffer: add 10 ml wash buffer to one bottle Blocking Reagent and mix well.

7.2 Test Steps

Important notes:

Follow exactly this protocol. Make sure that the two components mentioned in the protocol are added to the tray in step 2, 6, 9.

Do not let strip dry out during incubation steps.

Do not touch strip with fingers, use tweezers.

Remove diluted samples completely after incubation of strip to avoid carry over.

Continuously shake strip during incubation steps.

Give sample buffer, conjugate and substrate together with the wash buffer to one side of the incubation tray. Do not allow to flow over the strip.

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Product Ref.	4003
Product Desc.	Myositis Pro
Manual Rev. No.	006 : 2016-11-07

Step		Descriptio	n		
1.	Ensu begin		arations, from	step	7.1 above, have been carried out prior to test
2.	\rightarrow \rightarrow s_{min}		5 min	Put strip in correct orientation into incubation tray (reference line and colour coding upwards). Put 700 μ I wash buffer and 300 μ I sample buffer in the incubation tray. Moisten strip with the solution and incubate for 5 minutes with agitation.	
CON	TROLS	S & SAMPL	.ES		
3.		Samples			Pipette 10 µI serum sample into the designated incubation trays with sample buffer.
4.		30 min	> 		Incubate for 30 minutes at 20-32°C/68-89.6°F with agitation. After that remove sample completely.
5.	$\begin{array}{c} & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & & \\ & & \\ & &$			Wash 3 times for 5 minutes with 1.5 ml wash buffer by agitation. Remove wash buffer after every washing step.	
CON	JUGAT	ſE			
6.		WASH	CONJ		Pipette 700 µI wash buffer and 300 µI conjugate into each incubation tray with strip.
7.		30 min	>		Incubate for 30 minutes at 20-32°C/68-89.6°F with agitation. Remove conjugate.

			Product Ref.	4003
	AESKU, DIAGNOSTICS		Product Desc.	Myositis Pro
	THE DIAGNOSTIC TOOL THAT WORKS		Manual Rev. No.	006 : 2016-11-07
	1			
8.	$\begin{array}{c} \hline WASH \\ \hline \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ $	buffer b		nutes with 1.5 ml wash nove wash buffer after
SUBS	STRATE			
9.	H ₂ O _{dest} SUB		700 µI_dH₂O_and cubation tray with s	d 300 µl substrate into strip.
10.	$\begin{array}{c} & & & \\ & & & & \\ & & & \\ & & & & \\ & & & \\ & & & & \\$	with a		at 20-32°C/68-89.6°F d from intense light.
STOP	5			
11.	$\begin{array}{c} H_{2}O_{dest} \\ & & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & \\ & & & \\ & & \\ & & & \\ &$	strip. In		ach incubation tray with with agitation. Remove he time.
12.	Remove strip of the incubation tra	y. Dry str	ip between filter pa	aper
13.	Analyze results within 24 h.			



Product Ref.	4003
Product Desc.	Myositis Pro
Manual Rev. No.	006 : 2016-11-07

8 **Qualitative Interpretation**

8.1 Manual Analysis

Test results can be considered valid, if:

- Functional control is visible
- Cut-off control is visible
- Colour intensity of cut-off control is weaker than colour intensity of functional control

Fix dried strip onto scoring sheet aligned with reference line. Align reference template with the strip reference line. Interpret results only in reference to cut-off control of each strip.

Each test kit contains a colour copy with all bands provable in the test.

The analysis is carried out by means of comparing the colour intensities of the bands with colour intensity of the cut-off control. The test is equivocal if the intensities do not significant differ. Is the colour more intensive the test result is positive, if the colour intensity is weaker, the test is negative.

The results can be recorded on the scoring sheet.

In case that the values of the controls do not meet the criteria, the test is invalid and has to be repeated. We recommend retesting samples that are borderline.

The following technical issues should as well be checked: expiry date of (prepared) reagents, storage conditions, pipettes, equipment, incubation conditions and washing methods.

If the samples tested show aberrant values or any kind of deviation or if the validation criteria are not met because of reasons outside the operator's responsibility, please contact the manufacturer or the supplier of the test kit.

Medical laboratories might perform an in-house quality control by using their own controls and/or internal pooled sera, as stated in national regulations.

9 Technical Data

Sample material:	serum
Sample volume:	10 μl of sample
Total incubation time:	112 minutes at 20-32°C/68-89.6°F
Storage:	at 2-8°C/35-46°F; use original vials only.
Number of determinations:	24 tests

Product Ref.	4003
Product Desc.	Myositis Pro
Manual Rev. No.	006 : 2016-11-07

10 Performance Data

10.1 Relative Sensitivity and Specificity

In order to determine the positive agreement (relative sensitivity), 80 sera from IIF or ELISA antibody-positive patients were tested in **AESKUBLOTS®** Myositis Pro. For determination of the negative agreement (relative specificity), 170 sera from blood donors were analyzed.

	positive agreement (relative sensitivity)	negative agreement (relative specificity),
Jo-1	100 %	98 %
Mi-2	100 %	99 %
Pm-Scl	100 %	99 %
U1-snRNP	100 %	98 %
Ku	100 %	100 %

11 Literature

Cooley HM, Melny BJ, Gleeson R, Greco T, Kay TW (1999). Clinical and serological associations of anti-Ku antibody. J Rheumatol. 26:563–567.

Roux S, Seelig HP, Meyer O (1998). Significance of MI-2 autoantibodies in polymyositis and dermatomyositis. J Rheumatol. 25: 395–396.

Targoff IN (2000). Update on myositis-specific and myositis-associated autoantibodies. Current Opinion in Rheumatology. 12(6):475–481.

For further reading:

Peter JB, Shoenfeld Y (1996). Autoantibodies. Elsevier Sciences B.V., Amsterdam.

	" Diagnasi in vitre	" For in vitre discretio une
	" Diagnosi in vitro	" For in vitro diagnostic use
IVD	" Pour diagnostic in vitro	" Para uso diagnóstico in vitro
	In Vitro Diagnostikum	¨ In Vitro Διαγνωστικό μέσο
	" Para uso Diagnóstico in vitro	
	" Numero d'ordine	" Cataloge number
REF	" Référence Catalogue	" Numéro de catálogo
	" Bestellnummer	¨ Αριθμός παραγγελίας
	"Número de catálogo	
LOT	" Descrizione lotto	" Lot
	" Lot	" Lote
	" Chargen Bezeichnung	¨ Χαρακτηρισμός παρτίδας
	"Lote	
	" Conformità europea	" EC Declaration of Conformity
		-
CE	Déclaration CE de Conformité	^a Declaración CE de Conformidad
	"Europäische Konformität	¨ Ευρωπαϊκή συμφωνία
	["] Déclaração CE de Conformidade	
$\overline{\Sigma}$	" 24 determinazioni	" 24 tests
	" 24 tests	" 24 pruebas
$\langle - \rangle_{\alpha}$	" 24 Bestimmungen	¨ 24 προσδιορισμοί
\vee 24	" 24 Testes	
i	" Rispettare le istruzioni per l'uso	" See instructions for use
	" Voir les instructions d'utilisation	" Ver las instrucciones de uso
	" Gebrauchsanweisung beachten	¨ Λάβετε υπόψη τις οδηγίες χρήσης
	" Ver as instrucões de uso	
	" Da utilizzarsi entro	" Use by
52	" Utilise avant le	" Utilizar antes de
	" Verwendbar bis	¨ Χρήση μέχρι
	" Utilizar antes de	
0	" Conservare a 2-8°C	" Store at 2-8°C (35-46°F)
-++++++++++++++++++++++++++++++++++++++	" Conserver à 2-8°C	" Conservar a 2-8°C
+2°C1	" Lagerung bei 2-8°C	¨ Φυλάσσεται στους 2-8°C
	" Conservar entre 2-8°C	
	" Prodotto da	" Manufactured by
	Fabriqué par	" Fabricado por
	" Hergestellt von	¨ Κατασκευάζεται από
	" Fabricado por	
	" Strip di nitrocelluslosa rivestita	" Coated nitrocellulose strip
STRIP	" Strip de nitrocellulose couché	" Tira de nitrocelulosa recubierta
	"Nitrozellulosemembran-Streifen mit aufgebrachten Antigenen	¨ Επίστρωση λωρίδα νιτροκυτταρίνης
	" Tira de nitrocelulose revestido	
	" Tampone di lavaggio	" Wash buffer
WASH 20x	" Tampon de Lavage	" Solución de lavado
	"Waschpuffer	¨Ρυθμιστικό διάλυμα πλύσης
	" Solução de lavagem	
	" Reagente bloccante	" Blocking Reagent
Block-Read	-	"Blocking Reagent "Reactivo bloqueante
Block-Reag	" Reagente bloccante	
Block-Reag	" Reagente bloccante " réactif de blocage	" Reactivo bloqueante
	^{°°} Reagente bloccante ^{°°} réactif de blocage ^{°°} Blockier-Reagenz	" Reactivo bloqueante
	Reagente bloccante réactif de blocage Blockier-Reagenz Bloqueio de reagente	 Reactivo bloqueante Αντιδραστήριο αποκλεισμού
	Reagente bloccante réactif de blocage Blockier-Reagenz Bloqueio de reagente Ricostituire con 10 mL	[~] Reactivo bloqueante [^] Αντιδραστήριο αποκλεισμού [^] [^] Reconstitute with 10 mL
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RCNS 10ml	Reagente bloccante réactif de blocage Blockier-Reagenz Bloqueio de reagente Ricostituire con 10 mL reconstituer avec 10 mL reconstituiren mit 10 mL reconstituir com 10 mL	 Reactivo bloqueante Αντιδραστήριο αποκλεισμού Reconstitute with 10 mL reconstituir con 10 mL Ανασύσταση με 10 mL
	Reagente bloccante réactif de blocage Blockier-Reagenz Bloqueio de reagente Ricostituire con 10 mL reconstituer avec 10 mL reconstituiren mit 10 mL reconstituir com 10 mL Tampone campione	 Reactivo bloqueante Αντιδραστήριο αποκλεισμού Reconstitute with 10 mL reconstituir con 10 mL Ανασύσταση με 10 mL Sample buffer
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