Instruction manual

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1. Intended Use

AESKULISA Insulin is a solid phase enzyme immunoassay employing recombinant human insulin for the quantitative and qualitative detection of antibodies against human insulin in human serum. The assay is a tool in the diagnosis of insulin dependent diabetes mellitus.

2. Clinical Application and Principle of the Assay

The insulin dependent diabetes mellitus, also called type I diabetes, is a chronic autoimmune disease induced by the selected destruction of insulin producing b-cells of Langerhans` islets caused by autoimmune inflammation reaction. This is characterized by largely or complete lack of insulin production. The autoimmune pathogenesis of insulin dependent diabetes mellitus is accompanied by autoantibodies against b-cells antigens in the pre-clinic phase. Antibodies against islet cells (32 %) and insulin (up to 70 %), glutamine acid decarboxylase and tyrosine phosphatase IA-2 can be found, each of these auto-antibodies are a marker for destruction of insulin producing b-cells. Anti-insulin antibodies are found in 37 % of patients with newly detected diabetes type I, in 2-6 % of their relatives of the first degree and in up to 1,5 % of healthy controls.

Principle of the test

Serum samples diluted 1:101 are incubated in the microplates coated with the specific antigen. Patient's antibodies, if present in the specimen, bind to the antigen. The unbound fraction is washed off in the following step. Afterwards anti-human immunoglobulins conjugated to horseradish peroxidase (conjugate) are incubated and react with the antigen-antibody complex of the samples in the microplates. Unbound conjugate is washed off in the following step. Addition of TMB-substrate generates an enzymatic colorimetric (blue) reaction, which is stopped by diluted acid (color changes to yellow). The rate of color formation from the chromogen is a function of the amount of conjugate bound to the antigen-antibody complex and this is proportional to the initial concentration of the respective antibodies in the patient sample.

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3. Kit Contents

To be reconstituted:

5x Sample Buffer 1 vial, 20 ml - 5x concentrated (capped white: yellow solution)

Containing: Tris, NaCl, BSA, sodium azide < 0.1% (preservative)

50x Wash Buffer 1 vial, 20 ml - 50x concentrated (capped white: green solution)

Containing: Tris, NaCl, Tween 20, sodium azide < 0.1% (preservative)

Ready to use:

Negative Control 1 vial, 1.5 ml (capped green: colorless solution)

Containing: Human serum (diluted), sodium azide < 0.1% (preservative)

Positive Control 1 vial, 1.5 ml (capped red: yellow solution)

Containing: Human serum (diluted), sodium azide < 0.1% (preservative)

Cut-off Calibrator 1 vial, 1.5 ml (capped blue: yellow solution)

Containing: Human serum (diluted), sodium azide < 0.1% (preservative)

Calibrators 6 vials, 1.5 ml each 0, 3, 10, 30, 100, 300 U/ml

(color increasing with concentration : yellow solution)

Containing: Human serum (diluted), sodium azide < 0.1% (preservative)

Conjugate 1 vial,15 ml IgG (capped blue: blue solution)

Containing: Anti-human immunoglobulins conjugated to horseradish peroxidase

TMB Substrate 1 vial, 15 ml (capped black)

Containing: Stabilized TMB/H2O2

Stop Solution 1 vial, 15 ml (capped white: colorless solution)

Containing: 1M Hydrochloric Acid

Microtiterplate 12x8 well strips with breakaway microwells

Coating see paragraph 1

Material required but not provided:

Microtiter plate reader 450 nm reading filter and optional 620 nm reference filter (600-690 nm). Glass ware(cylinder 100-1000ml), test tubes for dilutions. Vortex mixer, precision pipettes (10, 100, 200, 500, 1000 μ l) or adjustable multipipette (100-1000ml). Microplate washing device (300 μ l repeating or multichannel pipette or automated system), adsorbent paper.

Our tests are designed to be used with purified water according to the definition of the United States Pharmacopeia (USP 26 - NF 21) and the European Pharmacopeia (Eur.Ph. 4th ed.).

4. Storage and Shelf Life

Store all reagents and the microplate at 2-8°C/35-46°F, in their original containers. Once prepared, reconstituted solutions are stable for 1 month at 4°C/39°F, at least. Reagents and the microplate shall be used within the expiry date indicated on each component, only. Avoid intense exposure of TMB solution to light. Store microplates in designated foil, including the desiccant, and seal tightly.

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5. Precautions of Use

5.1 Health hazard data

This product is for **IN VITRO DIAGNOSTIC USE** only. Thus, only staff trained and specially advised in methods of in vitro diagnostics may perform the kit. Although this product is not considered particularly toxic or dangerous in conditions of normal use, refer to the following for maximum safety:

Recommendations and precautions

This kit contains potentially hazardous components. Though kit reagents are not classified being irritant to eyes and skin we recommend to avoid contact with eyes and skin and wear disposable gloves.

WARNING! Calibrators, Controls and Buffers contain sodium azide (NaN₃) as a preservative. NaN₃ may be toxic if ingested or adsorbed by skin or eyes. NaN₃ may react with lead and copper plumbing to form highly explosive metal azides. On disposal, flush with a large volume of water to prevent azide build-up. Please refer to decontamination procedures as outlined by CDC or other local/national guidelines.

Do not smoke, eat or drink when manipulating the kit.

Do not pipette by mouth.

All human source material used for some reagents of this kit (controls, standards e.g.) has been tested by approved methods and found negative for HbsAg, Hepatitis C and HIV 1. However, no test can guarantee the absence of viral agents in such material completely. Thus handle kit controls, standards and patient samples as if capable of transmitting infectious diseases and according to national requirements.

5.2 General directions for use

Do not mix or substitute reagents or microplates from different lot numbers. This may lead to variations in the results.

Allow all components to reach room temperature (20-32°C/68-89.6°F) before use, mix well and follow the recommended incubation scheme for an optimum performance of the test.

Incubation: We recommend test performance at 30°C/86°F for automated systems.

Never expose components to higher temperature than 37°C/98.6 °F.

Always pipette substrate solution with brand new tips only. Protect this reagent from light. Never pipette conjugate with tips used with other reagents prior.

A definite clinical diagnosis should not be based on the results of the performed test only, but should be made by the physician after all clinical and laboratory findings have been evaluated. The diagnosis is to be verified using different diagnostic methods.

6. Sample Collection, Handling and Storage

Use preferentially freshly collected serum samples. Blood withdrawal must follow national requirements.

Do not use icteric, lipemic, hemolysed or bacterially contaminated samples. Sera with particles should be cleared by low speed centrifugation (<1000 x g). Blood samples should be collected in clean, dry and empty tubes. After separation, the serum samples should be used immediately, respectively stored tightly closed at $2-8^{\circ}\text{C}/35-46^{\circ}\text{F}$ up to three days, or frozen at $-20^{\circ}\text{C}/-4^{\circ}\text{F}$ for longer periods.

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7. Assay Procedure

7.1 Preparations prior to pipetting

Dilute concentrated reagents:

Dilute the concentrated sample buffer 1:5 with distilled water (e.g. 20 ml plus 80 ml). Dilute the concentrated wash buffer 1:50 with distilled water (e.g. 20 ml plus 980 ml).

Samples:

Dilute serum samples 1:101 with sample buffer (1x) e.g. 1000 μl sample buffer (1x) + 10 μl serum. Mix well!

Washing:

Prepare 20 ml of diluted wash buffer (1x) per 8 wells or 200 ml for 96 wells e.g. 4 ml concentrate plus 196 ml distilled water.

Automated washing:

Consider excess volumes required for setting up the instrument and dead volume of robot pipette.

Manual washing:

Discard liquid from wells by inverting the plate. Knock the microwell frame with wells downside vigorously on clean adsorbent paper. Pipette 300 µl of diluted wash buffer into each well, wait for 20 seconds. Repeat the whole procedure twice again.

Microplates:

Calculate the number of wells required for the test. Remove unused wells from the frame, replace and store in the provided plastic bag, together with desiccant, seal tightly (2-8°C/35-46°F).

7.2 Work flow

For pipetting scheme see Annex A, for the test procedure see Annex B We recommend pipetting samples and calibrators in duplicate.

Cut-off calibrator should be used for qualitative testing only.

- Pipette 100 μl of each patient's diluted serum into the designated microwells.
- Pipette 100 µl calibrators OR cut-off calibrator and negative and positive controls into the designated wells.
- Incubate for 30 minutes at 20-32°C/68-89.6°F.
- Wash 3x with 300 µl washing buffer (diluted 1:50).
- Pipette 100 µl conjugate into each well.
- Incubate for 30 minutes at 20-32°C/68-89.6°F.
- Wash 3x with 300 µl washing buffer (diluted 1:50).
- Pipette 100 µl TMB substrate into each well.
- Incubate for 30 minutes at 20-32°C/68-89.6°F, protected from intense light.
- Pipette 100 µl stop solution into each well, using the same order as pipetting the substrate.
- Incubate 5 minutes minimum.
- Agitate plate carefully for 5 sec.
- Read absorbance at 450 nm (optionally 450/620 nm) within 30 minutes.

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8. Quantitative and Qualitative Interpretation

For **quantitative interpretation** establish the standard curve by plotting the **optical density (OD) of each calibrator (y-axis)** with respect to the corresponding concentration values in **U/ml (x-axis)**. For best results we recommend log/lin coordinates and 4-Parameter Fit. From the OD of each sample, read the corresponding antibody concentrations expressed in **U/ml**.

Normal Range	Equivocal Range	Positive Results
< 12 U/ml	12 - 18 U/ml	>18 U/ml

Example of a standard curve

We recommend pipetting calibrators in parallel for each run.

Calibrators IgG	OD 450/620 nm	CV % (Variation)
0 U/ml	0.014	2.9
3 U/ml	0.138	1.0
10 U/ml	0.283	1.5
30 U/ml	0.620	2.3
100 U/ml	1.314	0.9
300 U/ml	2.074	1.2

Example of calculation

Patient	Replicate (OD)	Mean (OD)	Result (U/ml)
P 01	1.018/1.045	1.031	67.9
P 02	0.857/0.831	0.829	48.1

For lot specific data, see enclosed quality control leaflet. Medical laboratories might perform an inhouse Quality Control by using own controls and/or internal pooled sera, as foreseen by EU regulations.

Do not use this example for interpreting patients results!

Each laboratory should establish its own normal range based upon its own techniques, controls, equipment and patient population according to their own established procedures.

For qualitative interpretation read the optical density of the cut-off calibrator and the patient samples. Compare patient'sOD with the OD of the cut-off calibrator. For qualitative interpretation we recommend to consider sera within a range of 20% around the cut-off value as equivocal. All samples with higher ODs are considered positive, samples with lower ODs are considered negative.

Negative: OD patient < 0.8 x OD cut-off

Equivocal: $0.8 \times OD_{cut-off} \le OD_{patient} \le 1.2 \times OD_{cut-off}$

Positive OD patient > 1.2 x OD cut-off

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9. Technical Data

Sample material: serum

Sample volume: 10 μl of sample diluted 1:101 with 1x sample buffer

Total incubation time: 90 minutes at 20-32°C/68-89.6°F

Calibration range: 0-300 U/ml

Analytical sensitivity: 1.0 U/ml

Storage: at 2-8°C/35-46°F use original vials, only

Number of determinations: 96 tests

10. Performance Data

10.1 Analytical sensitivity

Testing sample buffer 30 times on *AESKULISA Insulin-G (REF7601)* gave an analytical sensivity of 1.0 U/ml.

10.2 Specificity and sensitivity

The microplate is coated with **recombinant human insulin**. No crossreactivities to other autoantigens have been found. The diagnostic specificity of insulin antibodies is 98,5%. The diagnostic sensitivity of insulin antibodies is up to 70%. The data has been aquired with the *AESKULISA Insulin-G (REF7601)*.

Correlation:

The comparability of performance data was assessed with at least 30 sera tested on both, AESKULISA 7601 and AESKULISA 3601. A linear regression analysis of the two products showed that the two products are equivalent. Data can be received upon request.

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10.3 Linearity

Chosen sera have been tested with this kit and found to dilute linearly. However, due to the heterogeneous nature of human autoantibodies there might be samples that do not follow this rule.

		measured	expected	
Sample	Dilution	concentration	concentration	Recovery
No.	Factor	(U/ml)	(U/ml)	(%)
1	1 / 100	41.2	42.0	98.1
	1 / 200	20.9	21.0	99.5
	1 / 400	10.5	10.5	100.0
	1 / 800	5.0	5.3	94.3
2	1 / 100	254.0	250.0	101.6
	1 / 200	123.0	125.0	98.4
	1 / 400	62.5	62.5	100.0
	1 / 800	0.0	31.3	95.9

10.4 Precision

To determine the precision of the assay, the variability (intra and inter-assay) was assessed by examining its reproducibility on three serum samples selected to represent a range over the standard curve.

In	tra-Assa	ay
Sample	Mean	CV
No.	(U/ml)	(%)
1	45.3	4.6
2	8.7	9.4
3	235.6	2.9

In	ter-Assa	ay
Sample	Mean	CV
No.	(U/ml)	(%)
1	37.7	3.9
2	8.8	8.4
3	314.8	5.1

10.5 Calibration

Due to the lack of international reference calibration this assay is calibrated in arbitrary units (U/ml).

11. Literature

1. Atkinson MA, Fisk DD, Spillar RP, MacLaren NK (1985).

Insulin antibodies as markers for Insulin dependent diabetes mellitus (IDD). Diabetes 34: 926-930.

2. Wissllein et al. (1985).

Value of Insulin antibodies as serum markers for Insulin-dependent diabetes mellitus. Lancet 1: 480.

3. J. Stuart Soeldner et al. (1985).

Insulin-dependent diabetes mellitus and autoimmunity: islet-cell autoantibodies and beta-cell failure.

New Engl J Med 313: 893.

4. Witkin TJ (1990).

Insulin autoantibodies as markers for type I diabetes.

Endocrine Reviews 11: 92-104.

ANNEX A: Pipetting scheme

We suggest pipetting calibrators, controls and samples as follows:

For **quantitative interpretation** use calibrators to establish a standard curve.

For **qualitative interpretation** use cut-off calibrator.

			ive inte	•			for qualitative interpretation use cut- off calibrator					
	1	2	3	4	5	6	7	8	9	10	11	12
Α	CalA	CalE	P1				NC	P2				
В	CalA	CalE	P1				NC	P2				
С	CalB	CalF	P2				CC	P3				
D	CalB	CalF	P2				CC	P3				
Е	CalC	PC	P3				PC					
F	CalC	PC	P3				PC					
G	CalD	NC					P1					
Н	CalD	NC					P1					

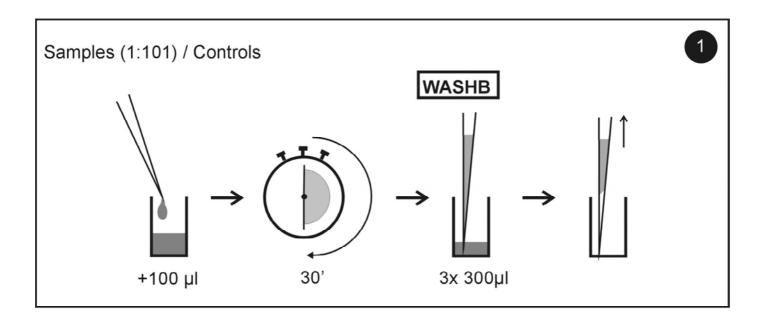
CalA: calibrator A, CalB: calibrator B, CalC: calibrator C, CalD: calibrator D, CalE: calibrator E,

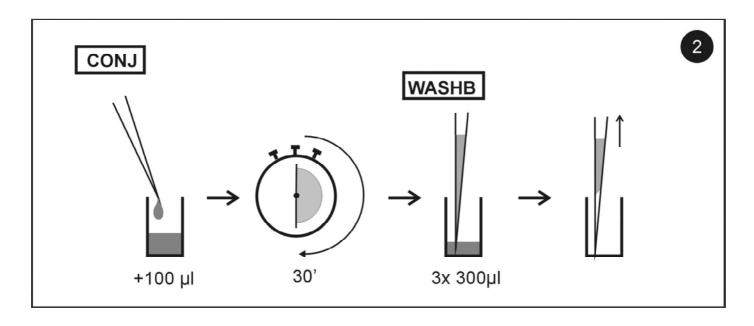
CalF: calibrator F PC: positive control NC: negative control CC: Cut-off calibrator

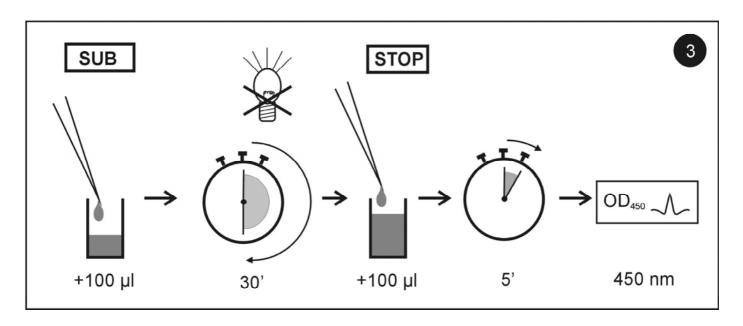
P1: patient 1 P2: patient 2 P3: patient 3

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Annex B: Test Procedure







ssay/Test:				Incubation / Inkub.:	Inkub. :		mim		Date,	Date/ Datum:		
emperatur	emperature/Temperatur:_	tur:	- Ho). 		2.	mim_	٥	.11/00000000000000000000000000000000000	9.		
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	_	
	◆ Diagnosi in vitro	◆ For in vitro diagnostic use
IVD	 ◆ Pour diagnostic in vitro 	 Para uso diagnóstico in vitro
וטעו	◆ In Vitro Diagnostikum	♦ In Vitro Διαγνωστικό μέσο
	◆ Para uso Diagnóstico in vitro	
	♦ Numero d'ordine	♦ Cataloge number
DEE	♦ Référence Catalogue	♦ Numéro de catálogo
REF	♦ Bestellnummer	◆ Αριθμός παραγγελίας
	♦ Número de catálogo	
	Descrizione lotto	♦ Lot
	◆ Lot	♦ Lote
LOT	◆ Chargen Bezeichnung	Χαρακτηρισμός παρτίδας
	◆ Lote	- Pro 10 (Prop. 1977)
	◆ Conformità europea	◆ EC Declaration of Conformity
(€	◆ Déclaration CE de Conformité	◆ Ec Declaration of Conformity ◆ Declaración CE de Conformidad
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90/	♦ 96 tests	♦ 96 pruebas
\bigvee	◆ 96 Bestimmungen ◆ 96 Testes	◆ 96 προσδιορισμοί
	♦ 96 Testes	
	♦ Rispettare le istruzioni per l'uso	♦ See instructions for use
l i	♦ Voir les instructions d'utilisation	♦ Ver las instrucciones de uso
	Gebrauchsanweisung beachten	Λάβετε υπόψη τις οδηγίες χρήσης
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	◆ Utilizar antes de	
	◆ Conservare a 2-8°C	♦ Store at 2-8°C (35-46°F)
Ω ⁻-+8°C	♦ Conserver à 2-8°C	♦ Conservar a 2-8°C
+2°C- /	◆ Lagerung bei 2-8°C	♦ Φυλάσσεται στους 2-8°C
•	◆ Conservar entre 2-8°C	,
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CON +	◆ Contrôle Positif	◆ Control Positivo
0011	◆ Positiv Kontrolle	Φετικός ορός ελέγχου
	◆ Controlo positivo	
	 ◆ Controllo negativo 	♦ Negative Control
CON	◆ Contrôle Négatif	◆ Control Negativo
CON	♦ Negativ Kontrolle	 Αρνητικός ορός ελέγχου
	◆ Controlo negativo	
	◆ Calibratore	◆ Calibrator
CAL	♦ Etalon	 ◆ Calibrador
CAL	♦ Kalibrator	 Αντιδραστήριο βαθμονόμησης
	◆ Calibrador	
	♦ Recupero	♦ Recovery
DC	◆ Corrélation	♦ Recuperado
KC	♦ Wiederfindung	♦ Ανάκτηση
	♦ Recuperação	
	♦ Coniugato	♦ Conjugate
2011	◆ Conjugé	◆ Conjugado
CONJ	♦ Konjugat	Σύζευγμα
	◆ Conjugado	· - 2 11: -
	Micropiastra rivestita	◆ Coated microtiter plate
	Microplaque sensibilisée	Microplaca sensibilizada
MP	Beschichtete Mikrotiterplatte	 νιιστοριασα sensibilizada Επικαλυμμένη μικροπλάκα
	Microplaca revestida	▼ Επικαλομμένη μικροπλακά
		▲ Coated pippleto
	Piastra ad aghi rivestita Piantata sansibiliséa	◆ Coated pinplate ◆ Pinplate specifilizada
PINP	◆ Pinplate sensibilisée ▲ Resphishtete Pinplatte	♦ Pinplate sensibilizada
1 1141	Beschichtete Pinplatte Binplate revestide	◆ Επικαλυμμένη πλάκα Pin
	Pinplate revestida	
	◆ Tampone di lavaggio →	♦ Wash buffer
WASHB 50x	◆ Tampon de Lavage	♦ Solución de lavado
אססן עו וסראיי	♦ Waschpuffer	◆ Ρυθμιστικό διάλυμα πλύσης
	♦ Solução de lavagem	
	 ◆ Tampone substrato 	 Substrate buffer
CLID	◆ Substrat	 Tampón sustrato
SUB	 ◆ Substratpuffer 	 Ρυθμιστικό διάλυμα υποστρώματος
	◆ Substrato	
	♦ Reagente bloccante	♦ Stop solution
OTOB	♦ Solution d'Arrêt	♦ Solución de parada
STOP	◆ Stopreagenz	 Αντιδραστήριο διακοπής αντίδρασης
	. •	
0101	♦ Solução de paragem	
0101	◆ Solucão de paragem ◆ Tampone campione	Sample huffer
	◆ Tampone campione	♦ Sample buffer
	◆ Tampone campione ◆ Tampon Echantillons	♦ Tampón Muestras
SB 5x	◆ Tampone campione	•