



High Sensitivity Total Thyroxine (hsT4) Test System

Product Code: 12825-300

1.0 INTRODUCTION

Intended Use: The Quantitative Determination of Total Thyroxine Concentration in Serum by a colorimetric Microplate Enzyme Immunoassay.

2.0 SUMMARY AND EXPLANATION OF THE TEST

Thyroid disorder in animals is a common endocrine dysfunction caused by a decrease in thyroid hormone production.¹ Since clinical signs of thyroid deficiency are non-specific, measurement of serum thyroxine concentration is generally regarded as an important *in-vitro* diagnostic test for assessing thyroid function.

This microplate enzyme immunoassay methodology provides the technician with optimum sensitivity while requiring few technical manipulations. In this method, serum reference, patient specimen, or control is first added to a microplate well. Enzyme-T4 conjugate is added, and then the reactants are mixed. A competition reaction results between the enzyme conjugate and the native thyroxine for a limited number of antibody combining sites immobilized on the well.

After the completion of the required incubation period, the antibody bound enzyme-thyroxine conjugate is separated from the unbound enzyme-thyroxine conjugate by aspiration or decantation. The activity of the enzyme present on the surface of the well is quantitated by reaction with a suitable substrate to produce color.

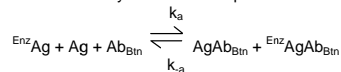
The employment of several serum references of known thyroxine concentration permits construction of a graph of activity and concentration. From comparison to the dose response curve, an unknown specimen's activity can be correlated with thyroxine concentration.

3.0 PRINCIPLE

Competitive Enzyme Immunoassay – Type 7

The essential reagents required for an enzyme immunoassay include antibody, enzyme-antigen derivative, native antigen and a substrate that produces color.

Upon mixing biotinylated antibody, enzyme-antigen conjugate and a serum containing the native antigen, a competition reaction results between the native antigen and the enzyme-antigen conjugate for a limited number of antibody binding sites. The interaction is illustrated by the following equation:



Ab_{Bn} = Anti-T4-IgG labeled with biotin (Constant Quantity)

Ag = Native Antigen (Variable Quantity)
 Enz^{Ag} = Enzyme-antigen Conjugate (Constant Quantity)
 AgAb_{Bn} = Antigen Antibody Complex
 $\text{Enz}^{\text{Ag}}\text{Ab}_{\text{Bn}}$ = Enzyme-antigen Conjugate -Antibody Complex
 k_a = Rate Constant of Association
 k_a = Rate Constant of Disassociation
 $K = k_a / k_a$ = Equilibrium Constant

A simultaneous reaction between the biotin attached to the antibody and the streptavidin immobilized on the microwell occurs. This effects the separation of the antibody bound fraction after decantation or aspiration.

$\text{AgAb}_{\text{Bn}} + \text{Enz}^{\text{Ag}}\text{Ab}_{\text{Bn}} + \text{Streptavidin}_{\text{CW}} \Rightarrow \text{immobilized complex}$
 $\text{Streptavidin}_{\text{CW}}$ = Streptavidin immobilized on well
 $\text{Immobilized complex}$ = sandwich complex bound to the solid surface

The enzyme activity in the antibody-bound fraction, measured by reaction with substrate is inversely proportional to the native antigen concentration. By utilizing several different serum references of known antigen concentration, a dose response curve can be generated from which the antigen concentration of an unknown can be ascertained.

4.0 REAGENTS

A. High Sensitivity T4 Calibrators – 0.5 ml/vial – Icons A-G

Seven (7) vials of serum reference for thyroxine at concentrations of 0 (A), 0.5 (B), 2.0 (C), 5.0 (D), 10.0 (E), 20.0 (F) and 50.0 ng/ml (G). Store at 2-8°C. A preservative has been added. For SI units: ng/ml x 1.29 = nmol/L.

B. High Sensitivity T4 Enzyme – 1.0 ml/vial – Icon

One (1) vial contains thyroxine-horseradish peroxidase (HRP) conjugates in a bovine albumin-stabilizing matrix. A preservative has been added. Store at 2-8°C.

C. T4 Conjugate Buffer – 11 ml/vial – Icon

One (1) vial contains buffer, dye, preservative, and binding protein inhibitors. Store at 2-8°C.

D. High Sensitivity T4 Biotin Reagent – 6 ml/vial – Icon

One (1) vial contains anti-thyroxine sheep monoclonal IgG in a human albumin-stabilizing matrix. A preservative has been added. Store at 2-8°C.

E. Streptavidin Coated Plate – 96 wells – Icon

One 96-well microplate coated with Streptavidin and packaged in an aluminum bag with a drying agent. Store at 2-8°C.

F. Wash Solution Concentrate – 20 ml/vial – Icon

One (1) vial contains a surfactant in buffered saline. A preservative has been added. Store at 2-8°C.

G. Substrate Solution – 12 ml/vial – Icon

One (1) vial contains tetramethylbenzidine (TMB) and hydrogen peroxide (H₂O₂) in buffer. Store at 2-8°C.

H. Stop Solution – 8ml/vial – Icon

One (1) vial contains a strong acid (0.5M H₂SO₄). Store at 2-8°C.

I. Product Insert.

Note 1: Do not use reagents beyond the kit expiration date.

Note 2: Opened reagents are stable for sixty (60) days when stored at 2-8°C.

Note 3: Above reagents are for a single 96-well microplate.

4.1 Required But Not Provided:

- Pipette capable of delivering 0.015 ml (15 µl) and 0.050 ml (50 µl) volumes with a precision of better than 1.5%.
- Dispenser(s) for repetitive deliveries of 0.100 ml & 0.350 ml (100 µl & 350 µl) volumes with a precision of better than 1.5%.
- Adjustable volume (20-200 µl) and (200-1000 µl) dispenser(s) for conjugate and substrate dilutions.
- Microplate washer or a squeeze bottle (optional).
- Microplate Reader with 450nm and 620nm wavelength absorbance capability.
- Test tubes for dilution of enzyme conjugate.
- Absorbent Paper for blotting the microplate wells.
- Plastic wrap or microplate cover for incubation steps.
- Vacuum aspirator (optional) for wash steps.

10. Timer.

11. Quality control materials.

5.0 PRECAUTIONS

For In Vitro Diagnostic Use

Not for Internal or External Use in Humans or Animals

Safe Disposal of kit components must be according to local regulatory and statutory requirement.

6.0 SPECIMEN COLLECTION AND PREPARATION

Collect sample(s) by venipuncture in three (3) ml silicone evacuated tube(s). The usual precautions in the collection of venipuncture samples should be observed. Separate the red blood cells by centrifugation use serum or plasma for the total T4 procedure. Specimen(s) may be refrigerated at 2-8°C for a maximum period of 48 hours. If the specimen(s) can not be assayed within 48 hours, the sample(s) may be stored at temperatures of -20°C for up to 30 days. Before assay, allow the specimens to equilibrate to ambient temperature (20°C – 27°C). When assayed in duplicate, 0.030 ml (30 µl) of the specimen is required.

7.0 QUALITY CONTROL

Each laboratory should assay controls at levels in the hypothyroid, euthyroid and hyperthyroid range for monitoring assay performance. These controls should be treated as unknowns and values determined in every test procedure performed. Quality control charts should be maintained to follow the performance of the supplied reagents. Pertinent statistical methods should be employed to ascertain trends. The individual laboratory should set acceptable assay performance limits. In addition, maximum absorbance should be consistent with past experience. Significant deviation from established performance can indicate unnoticed change in experimental conditions or degradation of kit reagents. Fresh reagents should be used to determine the reason for the variations.

8.0 REAGENT PREPARATION

1. Working T4-Enzyme Reagent

Dilute the High Sensitivity T4 Enzyme 1:11 with T4 conjugate buffer in a suitable container. For example, dilute 160 µl of enzyme with 1.6 ml of buffer for 32 wells (A slight excess of solution is made). This reagent should be used within twenty-four hours for maximum performance of the assay. Store at 2-8°C.

General Formula:
 Amount of Buffer required = Number of wells / 20
 Quantity of T4 Enzyme necessary = # of wells / 200
 i.e. = 16 ÷ 20 = 0.8 ml for T4 conjugate buffer
 16 ÷ 200 = 0.08 ml for High Sensitivity T4 Enzyme

2. Alternative Biotin Reagent

Dilute the High Sensitivity Biotin Reagent 2:3 with T4 Conjugate buffer in a suitable container. For example, dilute 1.8 ml of biotin with 0.9 ml of buffer for 32 wells (A slight excess of solution is made). This reagent should be used within twenty-four hours for maximum performance of the assay. Store at 2-8°C. **This reagent should only be used for the alternative procedure outlined in 9.1-Alternative Procedure.**

Note: Do not use reagents that are contaminated or have bacteria growth.

9.0 TEST PROCEDURE

Before proceeding with the assay, bring all reagents, serum reference calibrators and controls to room temperature (20 – 27 °C).

**** Test procedure should be performed by a skilled individual or a trained professional****

- Format the microplate's wells for each serum reference calibrator, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**
- Pipette 0.015 ml (15 µl) of the appropriate serum reference calibrator, control or specimen into the assigned well.
- Add 0.05 ml (50 µl) of Working T4 Enzyme Reagent to all wells (see 8.0 Reagent Preparation Section).
- Swirl the microplate gently for 20-30 seconds to mix. **A Microplate shaker can be used. Make sure that a homogeneous solution is attained.**
- Add 0.05 ml (50 µl) of High Sensitivity Biotin Reagent to all wells.
- Swirl the microplate gently for 20-30 seconds to mix and cover. **A Microplate shaker can be used. Make sure that a homogeneous solution is attained.**
- Incubate 90 minutes at room temperature under ambient conditions **OR** 60 minutes at room temperature rotating at 150 rpm on an orbital microplate rotator.
- Discard the contents of the microplate by decantation or aspiration. If decanting, blot the plate dry with absorbent paper.
- Add 0.350 ml (350 µl) of wash buffer (see Reagent Preparation Section), decant (tap and blot) or aspirate. Repeat two (2) additional times for a total of three (3) washes. **An automatic or manual plate washer can be used. Follow the manufacturer's instruction for proper usage. If a squeeze bottle is employed, fill each well by depressing the container (avoiding air bubbles) to dispense the wash. Decant the wash and repeat two (2) additional times.**
- Add 0.100 ml (100 µl) of Substrate Solution to all wells. **Always add reagents in the same order to minimize reaction time differences between wells. Do not use the substrate solution if it looks blue. DO NOT SHAKE THE PLATE AFTER SUBSTRATE ADDITION**
- Incubate at room temperature for twenty (20) minutes.
- Add 0.050 ml (50 µl) of stop solution to each well and gently mix for 15-20 seconds. **Always add reagents in the same order to minimize reaction time differences between wells.**
- Read the absorbance in each well at 450nm (using a reference wavelength of 620-630nm to minimize well imperfections) in a microplate reader. **The results should be read within fifteen (15) minutes of adding the stop solution.**

9.1 ALTERNATIVE PROCEDURE – INCREASED SENSITIVITY

- Prepare the Alternative Biotin Reagent. Format the microplate's wells for each serum reference calibrator, control and patient specimen to be assayed in duplicate. **Replace any unused microwell strips back into the aluminum bag, seal and store at 2-8°C.**
- Pipette 0.015 ml (15 µl) of the appropriate serum reference calibrator, control or specimen into the assigned well.
- Pipette 0.075 ml (75 µl) of the Alternative Biotin Reagent into all wells (See 8.0 Reagent Preparation).
- Cover and incubate for 30 minutes at room temperature rotating at 150 rpm on an orbital microplate rotator.
- Remove the cover and pipette 0.050 ml (50 µl) of the Working T4-Enzyme Conjugate Reagent into all wells (See 8.0 Reagent Preparation). **Do not wash the wells prior to this step.**
- Cover and incubate for 45 minutes at room temperature rotating at 150 rpm on an orbital microplate rotator.
- Follow steps 8-10 from 9.0 Test Procedure to wash the wells and add Substrate Solution.
- Incubate at room temperature for thirty (30) minutes.
- Add 0.050 ml (50 µl) of stop solution to each well and gently mix for 15-20 seconds. **Always add reagents in the same order to minimize reaction time differences between wells.**
- Read the absorbance in each well at 450nm (using a reference wavelength of 620-630nm to minimize well imperfections) in a microplate reader. **The results should be read within fifteen (15) minutes of adding the stop solution.**

Note: For reassaying specimens with concentrations greater than 50 ng/ml, pipet 0.0075ml (7.5 µl) of the specimen and 0.0075ml (7.5 µl) of the 0 serum reference into the sample well (this maintains a uniform protein concentration). Multiply the readout value by 2 to obtain the thyroxine concentration.

10.0 CALCULATION OF RESULTS

A dose response curve is used to ascertain the concentration of thyroxine in unknown specimens.

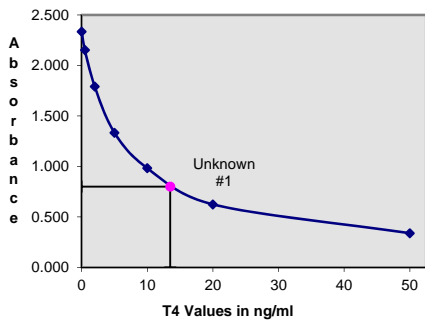
- Record the absorbance obtained from the printout of the microplate reader as outlined in Example 1.
- Plot the absorbance for each duplicate serum reference versus the corresponding T4 concentration in ng/ml on linear graph paper (do not average the duplicates of the serum references before plotting).
- Connect the points with a best-fit curve.
- To determine the concentration of T4 for an unknown, locate the average absorbance of the duplicates for each unknown on the vertical axis of the graph, find the intersecting point on the curve, and read the concentration (in ng/ml) from the horizontal axis of the graph (the duplicates of the unknown may be averaged as indicated).

*The data presented in Example 1 is for illustration only and should not be used in lieu of a standard curve prepared with each assay.

EXAMPLE 1

Sample I.D.	Well Number	Abs (A)	Mean Abs (B)	Value (ng/ml)
Cal A	A1	2.332	2.335	0
	B1	2.338		
Cal B	C1	2.148	2.153	0.5
	D1	2.158		
Cal C	E1	1.811	1.791	2
	F1	1.771		
Cal D	G1	1.339	1.334	5
	H1	1.329		
Cal E	A2	1.024	0.983	10
	B2	0.943		
Cal F	C2	0.625	0.624	20
	D2	0.623		
Cal G	E2	0.342	0.338	50
	F2	0.334		

Figure 1



11.0 Q.C. PARAMETERS

In order for the assay results to be considered valid the following criteria should be met:

- The absorbance (OD) of calibrator 0 ng/ml should be ≥ 1.3 .
- Four out of six quality control pools should be within the established ranges.

12.0 RISK ANALYSIS

12.1 Assay Performance

- It is important that the time of reaction in each well is held constant for reproducible results.
- Pipetting of samples should not extend beyond ten (10) minutes to avoid assay drift.

- If more than one (1) plate is used, it is recommended to repeat the dose response curve.
- Addition of the substrate solution initiates a kinetic reaction, which is terminated by the addition of the stop solution. Therefore, the addition of the substrate and the stopping solution should be added in the same sequence to eliminate any time-deviation during reaction.
- Plate readers measure vertically. Do not touch the bottom of the wells.
- Failure to remove adhering solution adequately in the aspiration or decantation wash step(s) may result in poor replication and spurious results.
- Use components from the same lot. No intermixing of reagents from different batches.

12.2 Interpretation

- If computer controlled data reduction is used to interpret the results of the test, it is imperative that the predicted values for the calibrators fall within 10% of the assigned concentrations.
- Total serum thyroxine concentration is dependent upon a multiplicity of factors: thyroid gland function and its regulation, thyroxine binding globulin (TBG) concentration, and the binding of thyroxine to TBG.^{3,4} Thus, total thyroxine concentration alone is not sufficient to assess clinical status.
- Total serum thyroxine values may be elevated under conditions such as pregnancy or administration of oral contraceptives. A T3 uptake test may be performed to estimate the relative TBG concentration in order to determine if the elevated T4 is caused by TBG variation.
- A decrease in total thyroxine values is found with nonthyroid² diseases including protein wasting disease, certain liver diseases and administration of testosterone, diphenylhydantoin or salicylates. A table of interfering drugs and conditions which affect total thyroxine values has been compiled by the Journal of the American Association of Clinical Chemists.³

13.0 EXPECTED RANGES OF VALUES

It is important to keep in mind that establishment of a range of values, which can be expected to be found by a given method for a population of "normal" patients, is dependent upon a multiplicity of factors: the specificity of the method, the population tested and the precision of the method in the hands of the analyst. For these reasons, each laboratory should depend upon the range of expected values established by the Manufacturer only until an in-house range can be determined by the analysts using the method with a population indigenous to the area in which the laboratory is located.

14.0 PERFORMANCE CHARACTERISTICS

14.1 Precision

The within and between assay precisions of the High Sensitivity T4 AccuBind® ELISA test system were determined by analyses on three different levels of pool control sera. The number (N), mean values (X), standard deviation (σ) and coefficient of variation (C.V.) for each of these control sera are presented in Table 2 and Table 3.

TABLE 2

Within Assay Precision (Values in ng/ml)				
Sample	N	X	σ	C.V.
Low	20	1.05	0.049	4.7%
Normal	20	2.21	0.138	6.2%
High	16	4.24	0.18	4.3%

TABLE 3

Between Assay Precision (Values in ng/ml)				
Sample	N	X	σ	C.V.
Low	10	3.0	0.25	8.3%
Normal	10	8.7	0.32	3.7%
High	10	16.3	0.69	4.2%

*As measured in ten experiments in duplicate over a ten day period.

14.2 Sensitivity

The High Sensitivity T4 AccuBind® ELISA test system has a sensitivity of 18 pg. This is equivalent to a sample containing a

concentration of 0.072 ng/ml. The sensitivity was ascertained by determining the variability of the 0 ng/ml serum calibrator and using the 2σ (95% certainty) statistic to calculate the minimum dose.

14.3 Specificity

The cross-reactivity of the thyroxine antibody to selected substances was evaluated by adding the interfering substance to a serum matrix at various concentrations. The cross-reactivity was calculated by deriving a ratio between doses of interfering substance to dose of thyroxine needed to displace the same amount of conjugate.

Substance	Cross Reactivity	Concentration
l-Thyroxine	1.0000	-
d-Thyroxine	0.9800	10ng/ml
d-Triiodothyronine	0.0150	100ng/ml
l-Triiodothyronine	0.0300	100ng/ml
Iodothyrosine	0.0001	100µg/ml
Diiodothyrosine	0.0001	100µg/ml
Diiodothyronine	0.0001	100µg/ml

15.0 REFERENCES

- Peterson M, Melian C and Nichols, R, "Measurement of serum total thyroxine, free thyroxine and thyrotropin concentrations for diagnosis of hypothyroidism in dogs", *JAVMA*, 211, 1396 (1997).
- Kantrowitz B, Peterson M, Melian C & Nichols R., "Serum total thyroxine, free thyroxine and thyrotropin concentrations in dogs with nonthyroid disease", *JAVMA*, 219, 765 (2001).
- Young, D.S., Pestaner, L.C., and Gilberman, U., "Effects of Drugs on Clinical Laboratory Tests." *Clinical Chemistry* 21, 3660. (1975)

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Size	96(A)
Reagent (fill)	A) 0.5 ml set
	B) 1 (1.0ml)
	C) 1 (11ml)
	D) 1(6 ml)
	E) 1 plate
	F) 1 (20ml)
	G) 1 (12ml)
	H) 1 (8ml)

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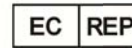
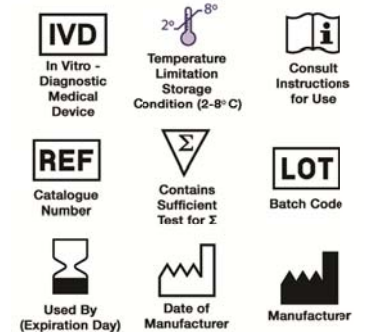
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